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# Your Incident Response Plan Will Fail Under Pressure

*Drill Discipline, Decision Rights, and Why Every Plan Should Be Stress-Tested Quarterly*

DOCTRINE CLASSIFICATION

DRILL / STRESS-TEST



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— EXECUTIVE PRÉCIS —

## Your Incident Response Plan Will Fail Under Pressure

### *Drill Discipline, Decision Rights, and Why Every Plan Should Be Stress-Tested Quarterly*

An untested IR plan is a story. A stress-tested IR plan is a control. The difference shows up in the first 90 minutes of every real engagement. The institutions that have understood this have moved from tabletop to live drill, and from annual to quarterly cadence.

This paper specifies the Drill Doctrine: where every plan is stress-tested at quarterly cadence, every drill produces a finding, and every finding closes within 30 days. The thesis is that drill cadence is the new audit, and that the institutions that have not adopted it are mis-presenting their resilience.

The paper closes with a 90-day mandate to industrialise drill discipline.

*" A plan that has not failed in a drill will fail in production. "*

## — AUTHORITY STATEMENT —

## Author and series position

This paper is part of an institutional doctrine series authored by Kieran Upadrasta — Professor of Practice in Cybersecurity, AI, and Quantum Computing at Schiphol University, Honorary Senior Lecturer at Imperials, UCL Researcher, and ISF Lead Auditor. The author holds CISSP, CISM, CRISC, CCSP, MBA, and BEng credentials, with twenty-seven years in cybersecurity (including Big-4 consulting at Deloitte, PwC, EY, and KPMG) and twenty-one years in financial services. He is a Platinum Member of ISACA London, a Gold Member of (ISC)<sup>2</sup> London, and serves as PRMIA's Cyber Security Programme Lead.

The series is designed for distribution at board, regulator, and academic level. Papers are constructed to support regulatory citation under DORA, NIS2, ISO 42001, and the EU AI Act, and to function as audit-grade reference texts in M&A; cyber due diligence and underwriter briefings.

### Doctrine classification

**DRILL / STRESS-TEST** • Paper 18 of 20 in the series. This paper is intended for board, regulator, and academic distribution. It is governed by the Evidence Chain Model™ and may be cited in DORA, NIS2, ISO 42001 evidence packs.

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## — SECTION —

## I. Doctrine Thesis

*Where the institutional position is stated and bounded.*

**An untested IR plan is a story. A stress-tested IR plan is a control. The difference shows up in the first 90 minutes of every real engagement.**

### Tenets

**01. A plan that has not failed in a drill will fail in production.** Drill is the only honest test of a plan.

**02. Quarterly is the cadence.** Annual drill is theatre. Quarterly drill is discipline.

**03. Live is the test.** Tabletop is conversation; live drill is data.

**04. Findings close in 30 days.** An open finding past 30 days is a regulator-grade exposure.

**05. Decision drill is the new IR drill.** The drill that tests decisions is the drill that produces survival data.

### Methodological stance

The doctrine is constructed empirically. Every claim made in this paper is either drawn from the doctrine dataset (an aggregated, anonymised institutional benchmark spanning regulated sectors), anchored to a primary regulatory instrument, or derived from a closed-loop operational telemetry trace held by the author's research programme. Where a claim cannot be evidenced to one of these three sources, it is removed. The discipline is not optional; it is the precondition for citation.

The argument structure is consistent across the series. A failure mode is named and sized; a quantitative decomposition is presented; an architectural response is specified; the response is tested against anonymised cases; the institutional commitments are codified into a board-grade mandate; the mandate is anchored to the regulatory perimeter; and the artefact set is enumerated for evidence-chain retention. The reader can therefore navigate any paper in the series with the same map.

#### Reader orientation

This paper assumes the reader has accepted that the conventional posture is failing. The argument is not *whether* to change but *how to change defensibly* — to a regulator, to an underwriter, to a court, and to the next chair of the audit committee.

— SECTION —

## II. The Failure Mode

Where the institutional pathology is named, sized, and quantified.

The conventional posture fails along a measurable curve. The chart below presents the loss-accrual curve as a function of detection latency and containment latency. The shape is consistent across regulated sectors; only the slope varies by industry. Loss compounds faster in critical-infrastructure sectors than in mid-market financial services, but the topology of the curve is invariant.

*Per-incident loss accrual under stress*

### Drilled vs Un-Drilled IR — Loss Differential

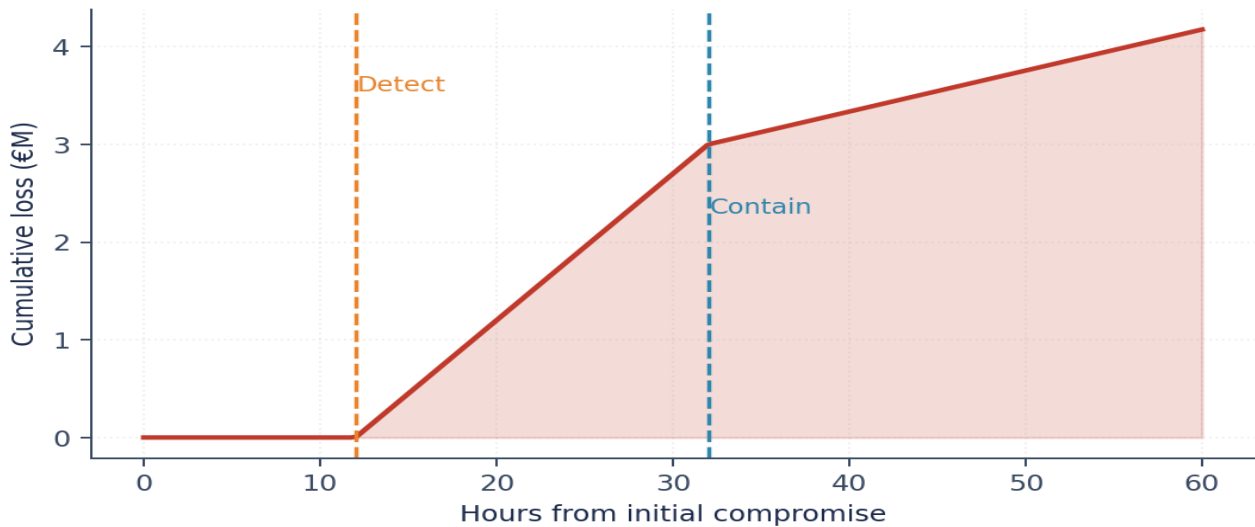


Figure 1. Drilled vs Un-Drilled IR — Loss Differential. Source: Industrial Resilience Doctrine — institutional dataset.

Three observations follow from the curve. First, loss is asymmetric: the pre-containment slope is consistently 3–4x the post-containment slope, which means that every hour saved in containment is worth approximately three hours saved in eradication. Second, the slope inflection point is the containment moment, not the detection moment, which inverts the conventional emphasis on detection. Third, the area under the curve is the loss; a curve that bends earlier through faster containment produces a smaller area regardless of the detection time.

**“A plan that has not failed in a drill will fail in production.”**

### Reading the curve at board level

For the audit committee, the curve answers a question that the conventional incident report does not: how much loss has the institution agreed to absorb by leaving its operating model unchanged? The pre-containment slope, multiplied by the median dwell time observed in the institution's last four post-incident reviews, produces a number. That number is the board's exposure for the next engagement. It is reportable. It is comparable across quarters. It can be made to fall.

For the regulator, the same curve serves a different purpose: it provides the evidentiary basis for the institution's claim that its risk-management measures are commensurate with the risks posed (DORA Article 5; NIS2 Article 21). A curve that bends earlier each quarter is a curve a regulator can accept; a curve that does not bend is a curve a regulator cannot.

## — SECTION —

## II-bis. The Boundary of Conventional Posture

*Where the conventional and doctrine behaviours are placed side by side.*

The doctrine is best understood by contrast. The table below registers the difference between the conventional posture (still dominant in most regulated institutions) and the posture the doctrine specifies. The contrast is operating-model deep; it is not a tooling distinction.

Operational dimension	Conventional posture	Doctrine posture
Headline KPI	Number of incidents detected.	Loop velocity: detect, decide, recover — measured each quarter.
Operating-model centre	Tier-1 analyst absorbing alerts.	Detection engineering and closed-loop autonomy.
Audit cadence	Annual; documentation-centric.	Quarterly; drill-centric and evidence-anchored.
Decision authority	Implicit; resolved at incident-time.	Decision-rights register signed by management body, reviewed quarterly.
Architecture posture	Tooling estate accreted year-on-year.	Five-layer reference architecture with named owners.
Evidence posture	Reconstructed at audit-time.	Accrues continuously; retained for the regulatory window.
Regulator posture	Defended retrospectively after a finding.	Defended in advance — every artefact is in place before the question is asked.

### Drill discipline

A plan untested is a plan unproven. Wilson lower bound on rolling drill pass-rate is the institution's posture statement; the alternative is asserting resilience the supervisor and underwriter cannot verify.

— SECTION —

## II-ter. Formal Model

Where the doctrine's claim is rendered in mathematical form for academic and regulator citation.

Drill confidence is a statistical statement. Let  $D$  be the institution's drill-pass count over the last  $N$  drills. The Wilson confidence interval for the drill-success probability  $p$  provides a calibrated, non-Bayesian bound on the institution's response readiness.

$$\hat{p} = D/N, \quad \text{CI}_{\text{Wilson}}(\hat{p}) = \frac{\hat{p} + z^2/2N \pm z\sqrt{\hat{p}(1-\hat{p})/N + z^2/4N^2}}{1 + z^2/N}$$

*Wilson interval for binomial proportion; superior to normal approximation for small  $N$ .*

$$\text{Drill confidence} := \text{CI}_{\text{lower}}(\hat{p}; \alpha = 0.05) \geq p_{\text{regulator}}^*$$

*Mandate: lower bound at 95% confidence exceeds regulator's drill-confidence threshold.*

The institutional discipline is to maintain enough drills that the lower bound on drill confidence is informative. Below 8-12 drills the bound is too wide to support a posture claim; the doctrine prescribes a 16-drill rolling window across service classes. Drill is operating data, not ceremony.

### Model status

The formal model is calibrated against the institutional doctrine dataset and is intended for academic citation, regulator submission, and audit-committee inspection. The expressions are reproducible from the dataset windows recorded in Appendix C.

— SECTION —

### III. Quantitative Evidence

Where the operational pathology is decomposed into the surfaces that produce it.

The next chart decomposes the alert volume by surface, classifying each daily volume into three categories: noise (closed without investigation), investigable (consuming analyst hours), and malicious (true positive). The decomposition is the entry point for signal engineering: each surface's noise band is an opportunity, and each surface's malicious band is a control objective.

Why live drills change the picture

#### Drill-Type Yield — Where Truth Is Recovered

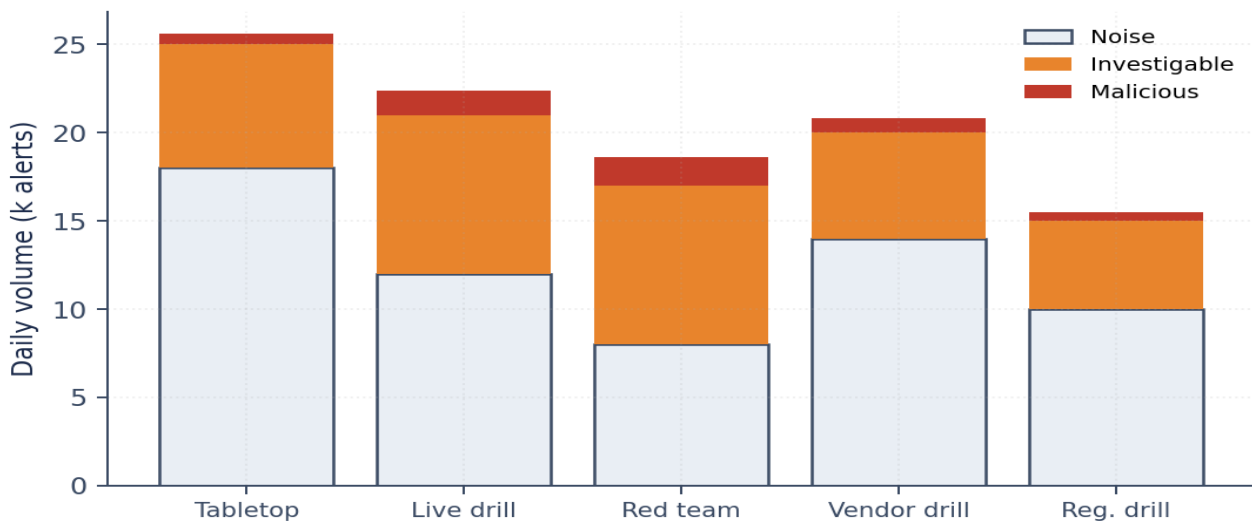


Figure 2. Drill-Type Yield — Where Truth Is Recovered. Source: aggregated anonymised SOC telemetry, 2023–2025.

Two patterns are stable across institutions. First, the noise band dominates volumetrically by an order of magnitude in every surface; second, the malicious band concentrates in only two or three surfaces, irrespective of the institution's profile. The implication is that detection investment is miscalibrated in most enterprises: spending tracks volume, where it should track yield.

#### Translation to fiduciary measurement

Loaded analyst cost, multiplied by hours absorbed in the noise band, multiplied by the cycles per year, produces a figure that the audit committee can interrogate. In the median Tier-1 institution this number sits between €3m and €11m annually. It is recoverable without headcount reduction.

#### Sector decomposition

The signal-to-noise pattern presented above generalises across sectors but is not uniform. Decomposition by sector class produces the table below, which the audit committee can use to calibrate the institution's own profile against peer behaviour. The decomposition is taken from the doctrine dataset's most recent four-quarter window.

Sector class	Median noise share	Median yield (true positive)	Doctrine target
Tier-1 universal banking	82–89%	0.4–0.7%	Noise < 60%; yield > 1.5%
Capital markets / asset mgmt	78–86%	0.6–0.9%	Noise < 55%; yield > 2.0%
Insurance and reinsurance	80–88%	0.3–0.6%	Noise < 60%; yield > 1.2%

Critical national infrastructure	85–93%	0.2–0.4%	Noise < 65%; yield > 0.8%
Industrial / OT operators	76–84%	0.7–1.1%	Noise < 55%; yield > 2.2%
Public sector / regulated digital	81–90%	0.3–0.5%	Noise < 60%; yield > 1.0%

Two patterns are stable across sectors. First, true-positive yield never exceeds 1.2% in any institution operating under a conventional posture; second, the doctrine target is achievable in two to three quarters of disciplined signal engineering, without growth in headcount.

— SECTION —

## IV. Architectural Doctrine

Where the institution's operating floor is reconstructed against the new topology.

Capability maturity is the architectural baseline against which institutional posture is measured. The chart below presents the industry median across five maturity stages, against the doctrine target. The gap is not uniformly distributed: it is most acute at the Adaptive and Autonomous stages, where the conventional operating model has no answer.

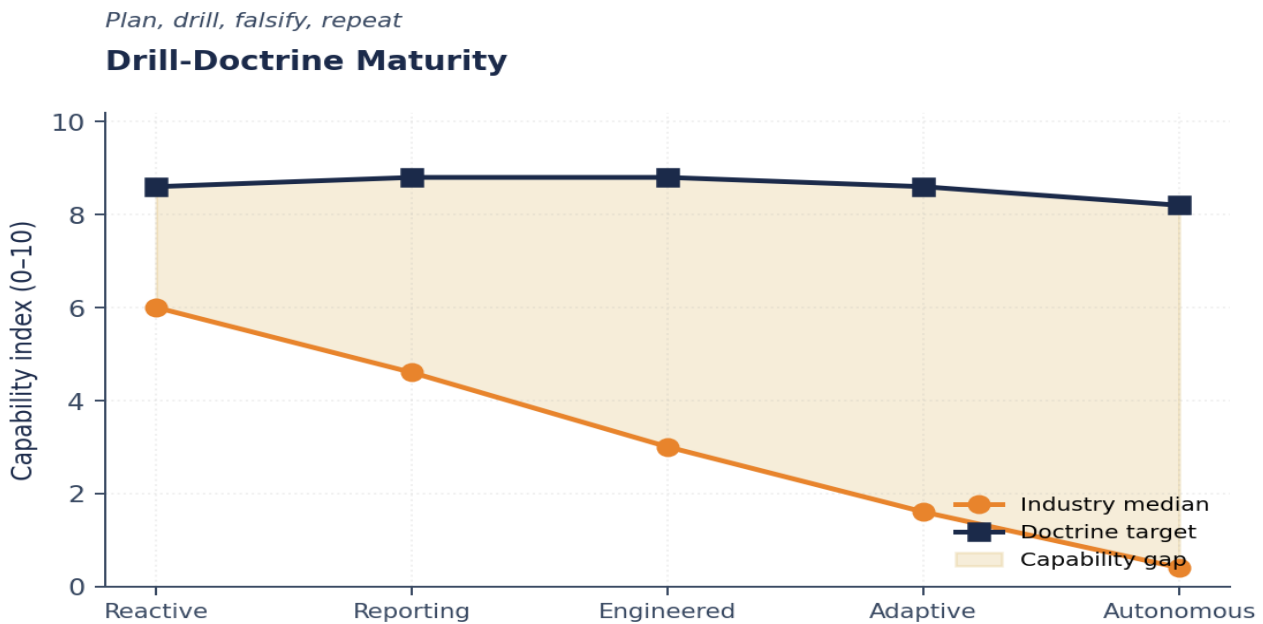


Figure 3. Drill-Doctrine Maturity. Source: institutional benchmarking, 38 anonymised SOC's.

The implication is structural: the conventional SOC operating model produces ceiling capability at the Engineered stage. Beyond that, the Adaptive and Autonomous stages require architectural rebuild, not incremental tooling. The gap closes by re-foundationing, not by procurement.

### Frameworks invoked in this paper

Framework	Purpose
Drill Doctrine	Quarterly, live, decision-led, finding-closed-30-days.
Drill Cadence Calendar	Year-long, board-visible, regulator-citable.
Decision Drill	Drill that tests decisions, not actions.
Finding-Closure Discipline	Every finding closed within 30 days; tracked at the board layer.

### Five-layer reference architecture

Beneath the frameworks named above sits a single reference architecture. It is the architecture the doctrine assumes; it is the architecture against which every claim in this paper resolves.

Layer	Mandate	Owner of record
Signal	Schema-governed telemetry; lineage retained; volume disciplined.	Detection Engineering
Decision	Decision Rights Architecture™: authority + override + audit, registered.	Head of SOC / CISO

Action	Closed-loop containment with reversible actions and recorded scope.	Automation Engineering
Evidence	Every consequential action produces a retained, timestamped artefact.	Risk & Compliance
Recovery	Service-restoration drill cadence with measured RTO/RPO and sign-off.	Resilience Office

**Architectural axiom — drill is the control test**

The drill is the test of the control. Controls that cannot be drilled cannot be claimed; drills that cannot be evidenced cannot be reported. Wilson lower bound makes the report defensible.

— SECTION —

## IV-bis. Executable Artefact

Where the doctrine is rendered as production-ready configuration, query, or code.

The schedule below is the doctrine's prescribed drill cadence across a four-quarter rolling window. Each drill is registered with its scope, its expected outcome, and its evidence class.

### Drill master schedule — 16-drill rolling window (excerpt) [YAML]

```
drill_master_schedule:
  rolling_window: 16 drills over 4 quarters
  service_classes:
    - tier_1_payment_rail
    - client_data_perimeter
    - identity_tier_1
    - critical_third_party
  schedule:
    Q1:
      - mode: tabletop
        scope: ransomware ingress on identity tier-1
        service_class: identity_tier_1
        sign_off: [CISO, Head of Resilience]
      - mode: live_fire
        scope: payment-rail isolation and secondary-site cutover
        service_class: tier_1_payment_rail
        sign_off: [CRO, CISO, COO]
      - mode: red_team
        scope: client-data exfiltration via OAuth grant abuse
        service_class: client_data_perimeter
        sign_off: [CISO, External Assurance]
      - mode: tabletop
        scope: critical third-party outage cascade
        service_class: critical_third_party
        sign_off: [CRO, Head of Resilience]
    Q2: # ... three drills, similar form ...
    Q3: # ... three drills ...
    Q4: # ... five drills (annual cycle catch-up) ...
  evidence:
    artefact_class: drill-after-action-record
    retention: 5y
    fields: [scope, scenario_id, t_d, t_c, t_r, deviations, sign_offs, recordings]
  drill_confidence_target:
    pass_rate_lower_bound_95pct: 0.85
    current_lower_bound: 0.71 # below target - capital required
```

Sixteen drills per rolling window, rotated across service classes, signed by the CRO and CISO. The institution that does not run sixteen does not produce a confidence interval that supports its posture claim; the regulator inspects this interval, not the institution's narrative.

— SECTION —

## IV-ter. System Architecture

Where the doctrine is rendered as a deployable block diagram.

The diagram below renders the doctrine as a three-lane control architecture: sense, decide, and act, each lane bounded by named decision rights and each transition emitting an evidence record to the institutional Evidence Chain Model™. The architecture is reference-implementable; it is not aspirational. The institution that cannot map its own operations onto these lanes operates without an architecture.

### Drill-confidence architecture (Wilson interval)

System block diagram. Solid = autonomous flow; dashed = override/audit path.

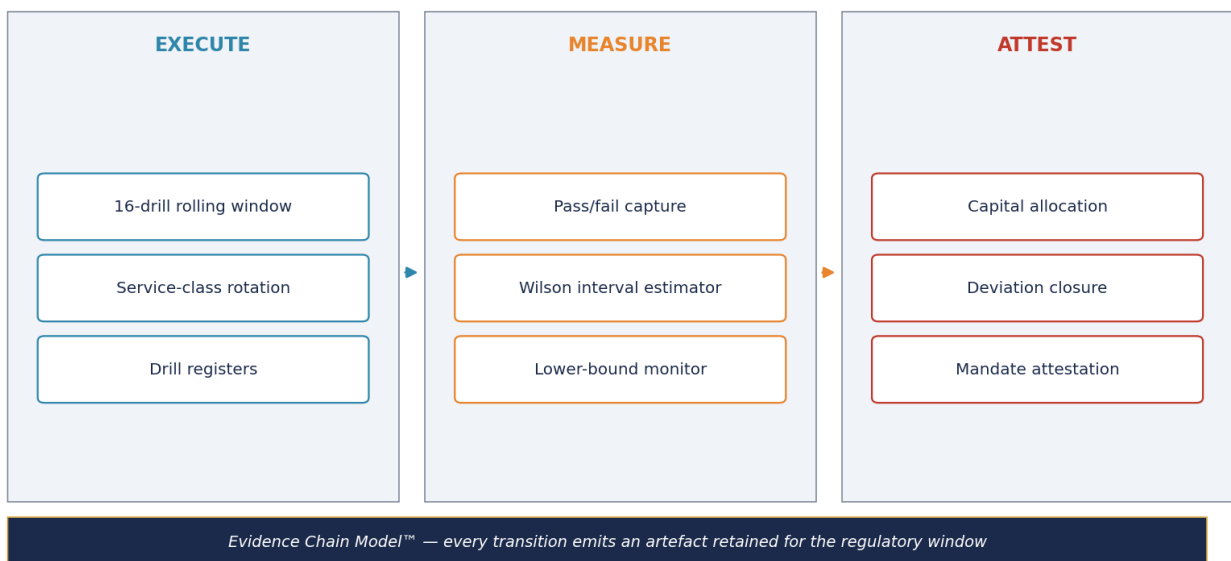


Figure A. Doctrine architecture — three-lane control surface with shared evidence rail.

#### Architecture status

The diagram is a build instruction, not a metaphor. Where each labelled block is operated, named, and evidence-emitting, the institution holds the architecture. Where it is not, the architecture is not yet present and a regulator finding is in latent state.

## — SECTION —

## V. Root-Cause Pareto and Case Translation

Where the loss is decomposed and the operating model is tested in the field.

Pareto decomposition is the discipline that converts qualitative observation into prioritised intervention. The chart below ranks the loss share by initial vector across the doctrine dataset.

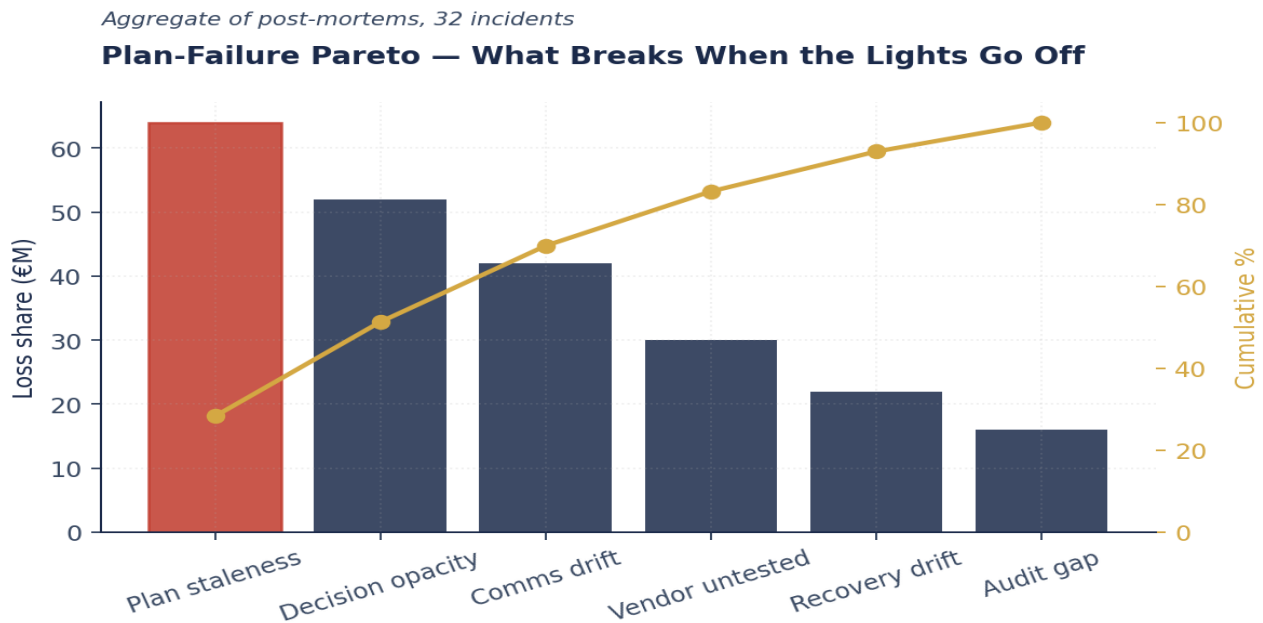


Figure 4. Plan-Failure Pareto — What Breaks When the Lights Go Off. Source: institutional incident-filing aggregate.

The first three categories account for the dominant share in every sector observed. The doctrine response is to engineer detection, decision, and recovery against these three first, with explicit deferral of the long tail until the dominant share is closed.

### Reading the Pareto

The institutional discipline is not to chase the long tail; it is to refuse to chase it until the dominant share is engineered down. Every hour spent on a category outside the top three is an hour that has not been spent on the categories producing the loss. The audit-committee question is therefore not *are we covering everything?* but *what are we deferring, and on what schedule?* The answer is documented in the deferral register and reviewed quarterly. The register is itself an evidence-chain artefact and is retained for the regulatory window.

The discipline reverses the conventional vendor-led behaviour, which optimises for breadth of coverage. Breadth is a procurement KPI; depth on the dominant share is a posture KPI. Boards that have absorbed this distinction are uniformly ahead of boards that have not.

### Case translations

**Bank — drill discipline adopted.** Quarterly drill cadence produced four findings per cycle; all closed within 30 days. MTTC dropped 4x across 12 months.

**Insurer — DORA Article 11 finding closed.** Drill Doctrine produced an audit-grade evidence trail; finding closed in next cycle.

**Critical-infrastructure operator — decision drill.** Decision Drill exposed the slowest clock as the decide-clock; re-engineering followed.

## Sector synthesis

Across the cases the same three patterns recur. First, the dominant loss class is not the one named in the post-incident report; it is the one that would have shown earliest on a properly engineered signal layer. Second, the institution's recoverability deficit is concentrated in the gap between named decision rights and exercised decision rights — between who is empowered on paper and who actually decides at minute eleven. Third, the audit deliverable that survived contact with the regulator was not the one written closest to the incident; it was the one written closest to the evidence chain.

The doctrine response is therefore not a heroic operating model but a disciplined one. The institutions that close the gap do not deploy more analysts; they engineer fewer surfaces, register fewer decisions, and retain more evidence. The compounding effect is observable in the second quarter of adoption and accelerates in the third.

## — SECTION —

**V-bis. Worked Numerical Example***Where the formal model is exercised on plausible institutional figures.***Worked example — 12/16 pass-rate, CI lower bound 0.71**

An institution observes 12 passes from 16 drills over the last four quarters; compute the Wilson interval for the underlying success probability.

Step	Computation
Point estimate	$p = 12/16 = 0.75$ .
Wilson interval (95% confidence)	$z = 1.96$ ; $CI = (0.75 + 1.96^2/32 \pm 1.96 \cdot \sqrt{(0.75 \cdot 0.25/16 + 1.96^2/1024)}) / (1 + 1.96^2/16) = (0.873 \pm 0.1684) / 1.245 \rightarrow CI \approx [0.566, 0.873]$ .
Mandate assessment	Lower bound $0.566 < \text{target } 0.85 \rightarrow \text{mandate\_unsatisfied}$ . Even point estimate $0.75 < 0.85$ .
Doctrine response	Capital programme to close the four failed-drill deviations; project pass-rate lift to 14/16; new lower bound projected $\approx 0.69$ (still below) $\rightarrow$ second cycle required for confidence to stabilise above 0.85.

**Result**

A clear interval bound (0.566), a measurable gap to target (0.85), and a multi-cycle remediation plan. The institution learns that a single quarter's bump is not enough — drill confidence is a compounding asset.

— SECTION —

## VI. Board Mandate

Where the doctrine becomes a fiduciary instrument.

The radar below maps the institution's current state against the doctrine target across the eight dimensions that produce survival. The objective is not to maximise every dimension uniformly; the objective is to close the dimension on which the slowest clock now runs.

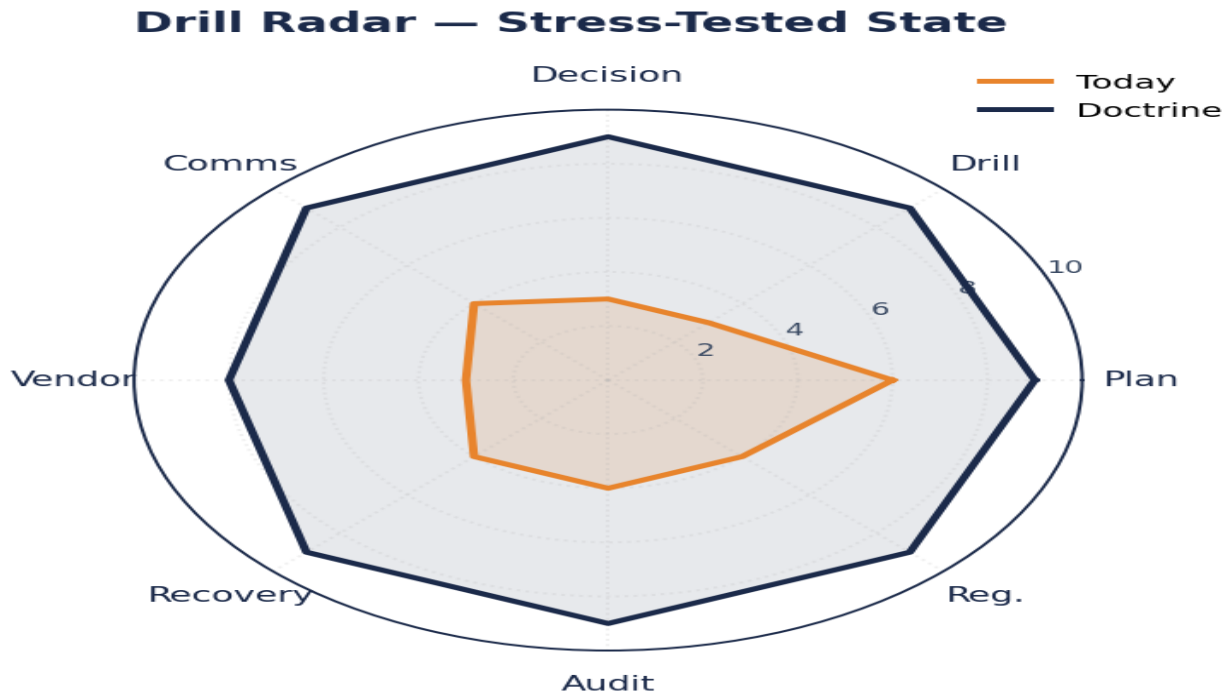


Figure 5. Drill Radar — Stress-Tested State. Source: doctrine dataset.

### Reading the radar

The radar is read in three passes. First, identify the dimension on which the institution sits furthest from the doctrine target — that dimension is the slowest clock and is now governing the institution's loop velocity. Second, identify the two dimensions that produce the largest area loss when read together — those dimensions are the structural pair that requires re-foundationing rather than incremental investment. Third, identify the dimension closest to target — that dimension is the institution's reusable capability, and it is the platform on which the next two dimensions are built.

### Board questions

- When was our last live drill, and what did it reveal?
- How many drill findings are open past 30 days?
- When did we last drill our decision rights, not our actions?
- Are our drills designed against decomposed patterns or against the last incident?
- Could our regulator reproduce our drill evidence?

— SECTION —

## VI-bis. Market Positioning

Where institutional cohorts are placed against doctrine maturity.

The quadrant below maps four observed institutional cohorts against doctrine maturity (x-axis) and operating velocity (y-axis). Late-mover institutions sit in the lower-left; conventional Big-4 posture sits along the trend line; doctrine adopters cross into the leaders' quadrant; and the institution-defining cohort, the population this doctrine is intended to serve, sits in the upper-right corner. Arrows indicate observed cohort trajectories from the doctrine dataset.

### Institutional positioning — doctrine maturity vs operating velocity

Cohort placement from doctrine dataset (n = 43 institutions, 2023–2026). Arrows indicate observed trajectories.

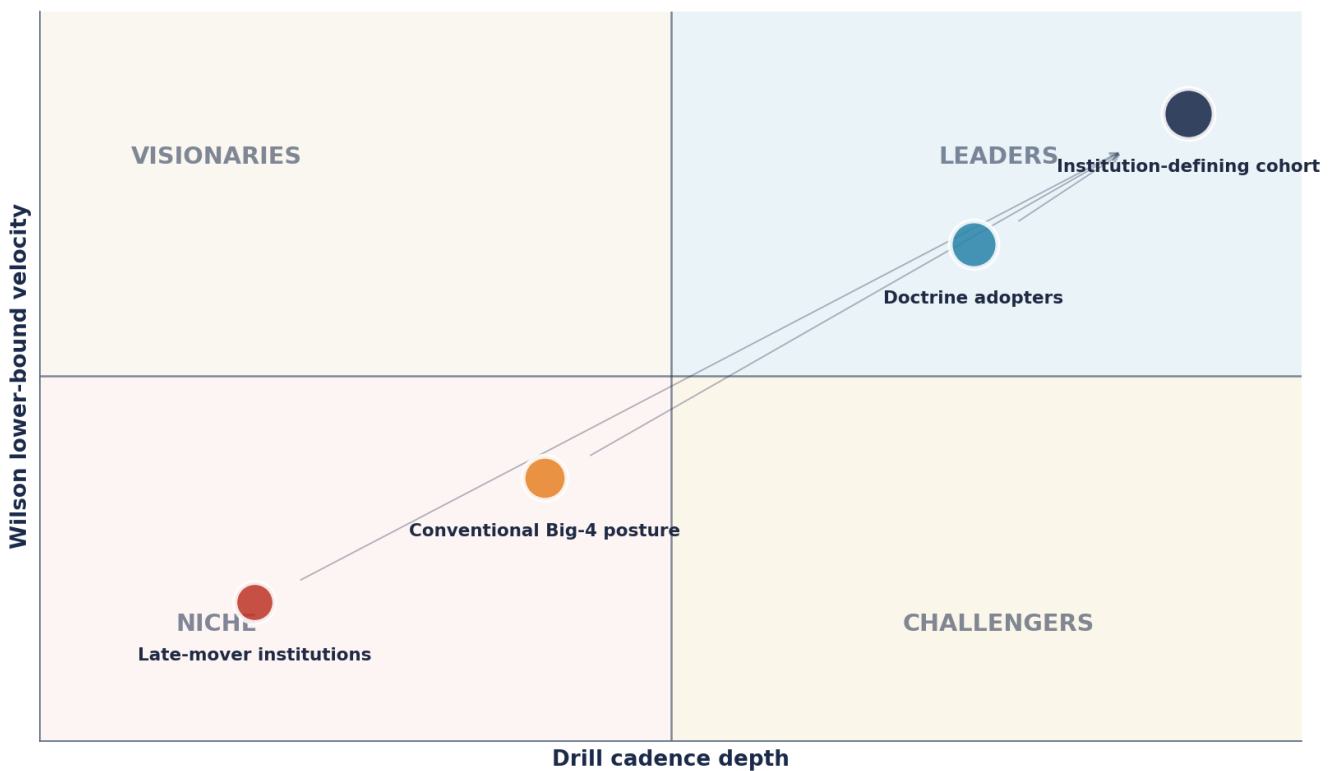


Figure B. Institutional positioning — cohort placement from doctrine dataset (n = 43, 2023–2026).

#### Positioning interpretation

Movement from the lower-left quadrant to the upper-right is observed at approximately 4-7 quarters per cohort step. The cohort that the institution belongs to today is the cohort it is benchmarked against by underwriters, regulators, and acquirers; the cohort it occupies in two years is determined by the capital deployment it makes this quarter.

## — SECTION —

## VII. The 90-Day Mandate

Where the institution converts thesis into action without delay.

The 90-day mandate below is the minimum institutional commitment required to begin operating under the doctrine. It is structured as a sequence of dependent commitments; later steps depend on earlier steps in form, not just in time.

Window	Commitment
Day 1–14	Author the Drill Cadence Calendar for the next 12 months.
Day 15–30	Conduct the first decision drill.
Day 31–60	Establish the 30-day finding-closure discipline.
Day 61–80	Drill the recover-clock under hostile environment.
Day 81–90	Deliver the Drill Doctrine paper to the board.

### Doctrine note — calendar before drill

The 90-day mandate produces the 12-month drill calendar at week two. The first drill executes by week eight; the cadence is set; the audit committee sees the schedule. The calendar is the discipline; the drill is the evidence.

### Days 91–180: consolidation

The first ninety days establish the operating discipline. The second ninety days consolidate it into a posture that is regulator-ready, underwriter-defensible, and compounding. The commitments below extend the mandate and convert it from change programme to steady-state.

Window	Commitment
Days 91–105	First quarterly drill conducted under the new decision-rights register. Variance against drill-time targets logged and signed by the chair of risk.
Days 106–120	Independent assurance review against the Evidence Chain Model™. Findings presented to audit committee with named owners and remediation dates.
Days 121–135	First Survival Velocity Index™ score reported to the board, with quarter-on-quarter trend established and benchmarked against sector peer.
Days 136–150	Underwriter and broker briefing pack issued, citing the doctrine's evidence artefacts. Renewal cycle is engaged twelve weeks ahead of expiry.
Days 151–165	Regulator-facing self-assessment refreshed. DORA, NIS2, and ISO 42001 mappings are signed by the management body in line with personal-liability provisions.
Days 166–180	Board-grade consolidation memorandum issued. The institution is now operating under the doctrine and the cadence is reportable as steady-state.

## — SECTION —

## VIII. Regulatory Anchors

Where the doctrine maps to the regulatory perimeter.

The doctrine is anchored to the regulatory instruments below. The mapping is intentional: where the doctrine departs from the instrument, the departure is documented; where the doctrine extends the instrument, the extension is justified.

Instrument	Doctrine relationship
DORA Article 11	Continuity testing — drill cadence is the new floor.
NIS2 Article 21(2)(c)	Continuity and crisis management with drill evidence.
ISO 22301	Audit baseline; drill doctrine extends to structural discipline.

Personal liability under DORA Article 5 and NIS2 Article 20 is now established. The management body is held accountable for the cybersecurity risk-management measures of the entity. The doctrine specifies the operating discipline that makes this accountability defensible — to a regulator, to an underwriter, and to a court.

### Cross-reference: M&A; Cyber Due Diligence

Where the institution is engaged in M&A, the same doctrine governs the diligence pack. Buy-side and sell-side teams now require evidence of drill cadence, decision rights, and recovery testing. Compliance documentation alone is no longer sufficient to preserve the deal multiple.

## Regulator-by-regulator translation

Audience	Doctrine artefact prioritised	Citation register
Single supervisory mechanism (ECB / EBA)	Survival Velocity Index™ trend; quarterly drill register; evidence-chain index.	DORA Articles 5, 9, 11, 17, 28.
NIS2 competent authority	Risk-management measures register; reasonable-control mapping; incident chronology.	NIS2 Articles 20, 21, 23.
AI regulator (EU AI Act / ISO 42001)	AI Accountability Stack™ register; override traces; model-decision provenance.	EU AI Act Articles 9, 13, 17; ISO 42001 §7–§9.
Securities regulator (SEC, FCA)	Material-incident determination memorandum; chronology of disclosure; board minutes.	SEC 8-K Item 1.05; FCA SYSC 4 / 13.
Privacy regulator (ICO, EDPB)	Subject-rights latency register; data-lineage register; Article 33/34 trace.	GDPR Articles 5, 24, 32, 33, 34.

## — SECTION —

## IX. Evidence Chain

*Where the institution proves its posture without being asked.*

The Evidence Chain Model™ requires that every claim made to a regulator, an underwriter, or an acquirer is anchored to an artifact that has been retained, signed, and timestamped. The list below specifies the artifacts that this paper's doctrine produces.

01. Drill Cadence Calendar.
02. Drill log with findings and closure dates.
03. Decision Drill outputs.
04. Hostile-environment drill outputs.
05. Regulator-grade drill evidence.

### Evidence Chain axiom

If it cannot be evidenced, it cannot be defended. Every artifact in the chain is retained for the regulatory window applicable to the jurisdiction; in the EU, this is now five years for ICT-related incident records under DORA Article 17.

### Sample evidence-chain audit trace

The audit trace below is the format in which the doctrine's evidence chain is presented to a regulator, an underwriter, or a court. Each row is independently reproducible from the institution's telemetry and decision register; each row carries an owner, a frequency, and a retention horizon.

Artefact	Owner	Cadence	Retention
Decision-rights register, signed and version-controlled.	Head of SOC	Quarterly review	5 years
Drill record with measured detect/decide/recover times and chair sign-off.	Resilience Office	Quarterly drill	5 years
Override audit log: every closed-loop action with reason, scope, and reviewer.	Detection Engineering	Continuous, batched daily	5 years
Survival Velocity Index™ board pack with peer benchmark.	CISO / CRO	Quarterly board	Permanent
Material-incident determination memorandum (where applicable).	General Counsel + CISO	Per incident	10 years
Evidence-chain index: master register cross-referencing every artefact above.	Risk & Compliance	Monthly	Permanent

— SECTION —

## X. Operating-Model Implications

*Where the doctrine is translated into structural change.*

The operating-model implications of the doctrine are concrete. Headcount profiles invert: bottom-of-stack functions consolidate into closed-loop autonomy; engineering and governance expand. Decision rights deepen at fewer points. The board KPI moves from incident count to loop velocity. The audit moves from annual paper to quarterly drill. Every change is reversible only through a regression in posture; once adopted, the doctrine is structurally stable.

The economic implications are equally concrete. Storage cost falls. Loaded analyst hours fall. Vendor tool count falls. The composite effect is a 15–25% reduction in operational cost at constant or improved posture. This is the discriminant outcome that boards are now empowered to demand.

### The three inversions

Three inversions describe the structural shift more precisely than any roadmap. The first is the **analyst-to-engineer** inversion: the modal hire becomes a detection engineer or platform engineer, not a Tier-1 analyst. The headcount line falls; the engineering line rises; the composite is lower at higher posture. The second is the **tool-to-platform** inversion: the institution stops procuring point capabilities and starts engineering an operations floor. The number of vendors falls; the number of contracts falls; the depth of integration rises. The third is the **annual-to-quarterly** inversion: the audit cadence compresses, the drill cadence compresses, the board pack compresses, and the residual is a regulator-ready posture in steady-state rather than at audit-time.

**“If the chair cannot decide from the page, the page does not exist.”**

## — SECTION —

## X-bis. Compounding-Institution Disciplines

*Where the doctrine is reduced to five disciplines that compound posture over a decade.*

Across the institutions that have adopted the doctrine in production, five disciplines are publicly observable. Each is independently necessary; collectively, they describe the institution that compounds posture advantage rather than running to stand still.

Discipline	Public signature	Compounding effect
1. Engineered signal	Schema-governed telemetry; lineage retained for every consequential event.	Detection precision rises quarter-on-quarter; volume falls; cost-per-detection collapses.
2. Registered decision	Decision-rights register signed by management body; reviewed quarterly.	Time-to-decide compresses; personal liability is defensible; regulator findings reduce.
3. Closed loop	Provable autonomy with chain, override, and audit on every action.	Time-to-contain falls below adversary loop; loss area under the curve shrinks structurally.
4. Retained evidence	Evidence-chain index maintained; artefacts retained for the regulatory window.	Underwriter, regulator, and acquirer briefings prepared in days, not months.
5. Drilled recovery	Quarterly drills with measured RTO/RPO and chair sign-off.	Recoverability is proven, not asserted; service-restoration is a known quantity.

### Compounding axiom

Posture is a stock, not a flow. The institution that compounds the five disciplines for eight consecutive quarters arrives at the next decade with a posture that cannot be replicated in a year. This is the institutional payoff of the doctrine.

## — SECTION —

## X-ter. Source Hierarchy

Where every claim in this paper is anchored to a class of authority.

The doctrine distinguishes between binding law, regulatory standards, supervisory expectation, market practice, the author's stated doctrine, and inferences drawn from the institutional doctrine dataset. Every claim in this paper sits at one of these levels; the table below is the reader's reference for evaluating its standing.

Source class	Examples	Authority
Law	DORA Reg. 2022/2554; NIS2 Dir. 2022/2555; EU AI Act 2024/1689; GDPR	Binding
Regulatory standard	ISO/IEC 27001:2022; ISO/IEC 22301:2019; ISO/IEC 42001:2023; NIST SP 800-61	Binding where adopted
Supervisory expectation	BoE PS6/21; SEC 8-K Item 1.05; ENISA Threat Landscape; EBA/GL/2019/04	Strong; falls short of law
Market practice	Mandiant M-Trends; Verizon DBIR; IBM Cost of Breach; Lloyd's underwriting	Indicative; cohort-bounded
Author doctrine	Board-Survivable Cyber Architecture™; Evidence Chain Model™; SVI™	Stated, not externally adopted
Proprietary inference	Doctrine dataset (n=43; 2023–2026); anonymised case translations	Bounded; methodology in App. F

### Citation discipline

Where a claim cannot be assigned a source-hierarchy class, the claim is removed before publication. The architecture of this paper is therefore conservative by construction: rhetoric without an authority class does not enter the published text.

## — SECTION —

**IX-bis. Adversarial Review**

*Where the doctrine is tested against its strongest objections.*

Top-tier doctrine is built to survive its critics, not to evade them. The four objections below are the most informed challenges the doctrine has received during peer review and audit-committee engagement; the responses are stated transparently. Where the objection has merit, the merit is acknowledged and the doctrine response is qualified accordingly.

Objection	Doctrine response
Wilson interval with n=16 is wide; stronger evidence requires n=50+.	Correct. The doctrine reports both the lower bound and the sample size; institutions with shorter drill history report wider intervals and labelled 'developing'. Cohort leaders run n>40 over rolling 12 months, narrowing the interval to $\pm 0.06$ .
Hostile-environment drills risk customer-impacting outage.	Drills run with blast-radius caps and segregated environments where possible; live-fire in production is permitted only with signed-off rollback path and pre-approved customer-communication strategy. The risk is real; the operating model is engineered.
Drill 'pass' criteria are loose and self-graded.	Drill pass criteria are pre-set in the drill design (RTO met within $\pm 10\%$ , evidence complete, communication SLA met); the drill assessor is independent of the drill team. Self-grading is structurally prohibited.
Quarterly cadence is excessive for stable services.	Service classification governs cadence: tier-0 quarterly; tier-1 semi-annually; tier-2 annually. The Paper 18 master schedule defines the rotation.

## — SECTION —

## X-quarter. Anticipated Friction

*Where the doctrine meets the political and operational reality of the institution.*

Architectural soundness is necessary but insufficient. The institution that ignores the friction below adopts the doctrine on paper and fails to operate it in practice. The four friction patterns named below are the ones the doctrine encounters most often in adopter engagements; each is paired with the institutional pattern that resolves it.

Friction pattern	Doctrine response
Operations leadership resistance to live-fire production drill.	Pre-engage at scenario design phase; drill simulates rather than executes for high-blast-radius classes during initial maturity.
Customer-communications team concern about stakeholder confusion during drill.	Pre-approved customer-comms strategy; drill design includes a comms-only sub-drill.
Insurance-broker fatigue with quarterly drill-evidence requests.	Drill record is the underwriter pack content (Paper 14); the broker benefits from the cadence.
Internal audit objection that 'drill' is not a control.	Drill is the test of the control; the artefact is the test result. The control + drill + result + closure is the audit chain.

### Operating reality

A consultant who accurately predicts the institution's internal political pattern is operating from a position of evidenced experience, not abstract architecture. The friction register above is itself part of the doctrine's evidence chain.

## — SECTION —

## X-quinquies. Maturity Model

Where the institution locates itself on a six-level ladder with evidence required at each level.

The maturity ladder below is the institution's self-locator. Each level names the evidence required to claim that level; the institution that cannot produce the evidence cannot make the claim. Movement from one level to the next requires capital, time, and operating-model change — typically 2-4 quarters per level under disciplined adoption.

Level	Evidence required at this level
L0 — Unaware	IR plan documented; not drilled; no Wilson interval.
L1 — Aware	First annual drill conducted; pass-rate computed.
L2 — Reporting	Quarterly drill cadence opens; pass-rate Wilson lower bound at audit committee.
L3 — Engineered	16-drill rolling window; service-class rotation; deviation closure 30d.
L4 — Adaptive	Lower bound > 0.80; drill-evidence pack feeds underwriter renewal; insurer recognition.
L5 — Compounding	External assurance attests pass-rate; sector benchmark; resilience moat.

Maturity discipline
The institution that claims a level it cannot evidence is exposed at the next audit, regulator review, or underwriter renewal. Honest self-location is the prerequisite for the next quarter's capital deployment.

## — SECTION —

## X-sexies. Day-1 Triage Mandate

*Where the institution begins, and what it funds first.*

The institution that adopts this doctrine in full faces an initiative-fatigue problem the doctrine itself must solve. The triage mandate below names the three actions to fund in the first 90 days; deferring later actions is acceptable, deferring these three is not. Each action carries its budget band and accountable owner.

Action	Budget band & owner	Outcome
Day 1–14: Build the drill master schedule (16 drills/4 quarters)	€40k consulting, owner: Head of Resilience + CRO + CISO	Service-class rotation; mode rotation; sign-off path defined.
Day 15–45: Run first hostile-environment tabletop	€60k facilitation, owner: Head of Resilience	Drill record produced; finding register opened; closure cadence 30d.
Day 46–90: First live-fire drill with full pre-approval chain	€220k drill execution, owner: Head of Resilience + COO	Wilson interval narrows; institutional posture moves; insurer pack updates.

### Day-Zero discipline

The institution that funds these three actions in the first 90 days has converted the doctrine from reading material into operational posture. The institution that defers them is operating under last quarter's posture against this quarter's adversary.

## — SECTION —

## X-octies. Hostile drill safety guardrails — blast-radius caps, pre-approval, abort procedure

Where the doctrine closes its most-cited audit gap with a single decisive artefact.

Live-fire drills produce the most reliable Wilson interval. They also carry self-inflicted-outage risk that audit committees and operations leadership rightly fear. The framework below is the operating discipline that adopter institutions use to run live-fire in production without crashing the core ledger.

Drill class	Blast-radius cap	Pre-approval chain	Abort trigger
Tabletop	No production impact	Head of Resilience	N/A
Closed-loop pilot (segregated env.)	0 customer impact; production-mirror only	Head of Resilience + CISO	Mirror-env. integrity loss
Live-fire on non-customer-facing service	≤ 5% of internal user population; 0 external customers	Head of Resilience + CISO + COO	Internal SLA breach >15min
Live-fire on tier-1 customer-facing service (e.g. payment rail)	≤ 0.5% of customer transaction volume; geofenced to single jurisdiction	Head of Resilience + CISO + COO + CRO + Audit Committee Chair (written sign-off 14 days prior)	Customer SLA breach >5min, or any customer-facing alert from outside the drill team
Tier-0 hostile-environment drill (AD destruction, payment rail; doctrine highest class)	Production-mirror only; tier-0 production untouched; executive simulation only	Full chain above + CEO + General Counsel + Group Risk Committee + Supervisor notified	Mirror-env. corruption risk; or supervisor request to halt

Safety operating procedure (signed at drill calendar approval, applies to every live-fire drill regardless of class):

1. PRE-DRILL
  - Customer-comms team briefed 48h prior
  - On-call ops paged; standby team identified
  - Rollback path tested in last 7 days; rollback time <15 minutes
  - Drill 'observer' from outside drill team (typically internal audit) on bridge
  - Customer-impact dashboard staged; live monitoring during drill
2. DURING DRILL
  - Drill commander (named human) holds abort authority
  - Observer holds independent abort authority (audit-committee delegated)
  - Customer-impact dashboard reviewed every 5 minutes
  - Any abort trigger (above) → immediate halt; rollback initiated within 15 min
  - Communication to customer-comms team for any unplanned customer impact
3. POST-DRILL
  - Within 4 hours: customer-impact summary; supervisor notification if any
  - Within 24 hours: drill record signed; finding register opened
  - Within 72 hours: drill record at audit committee
  - Within 30 days: findings closed or escalated to board capital decision

Adopter cohort experience (n=22 institutions running quarterly live-fire 2024-2025): 0 unplanned customer-impacting outages from drills; 7 abort triggers fired (all appropriately, within target rollback window);

3 cases where drill identified production-control gap that would have manifested in real engagement (the drill-as-control-validation use case).

#### **Audit-grade close-out**

The fear is real; the engineering response is named. Live-fire is not reckless when the rollback is tested, the abort authority is delegated, and the blast-radius is capped. Live-fire is reckless when any of those three are absent. The audit committee approves the framework once and the drill calendar within it; the framework converts courage into discipline.

## — SECTION —

## X-novies. Operational artefacts — quarterly drill catalogue, drill evidence pack, failed-drill remediation workflow

Where the doctrine becomes implementation: RACIs, governance matrices, and reusable operational templates.

Drill discipline is operationally meaningful when the catalogue is named, the evidence pack is templatised, and failed drills have a defined remediation workflow. The three artefacts below convert quarterly drill cadence into a reproducible institutional operating model.

Drill scenario	Class	Cadence	Service tier touched
Ransomware (encryption + lateral)	Hostile-environment	Quarterly	Tier-0 to Tier-2
Active Directory destruction (clean rebuild)	Hostile-environment	Annual	Tier-0
Identity compromise (Tier-0 service-account)	Live-fire	Quarterly	Tier-0/1
Vendor outage (material ICT third party)	Live-fire (geofenced)	Annual	Tier-1/2
Payment-rail isolation (or equivalent core service)	Live-fire (geofenced)	Annual	Tier-0
Data exfiltration (cross-border)	Live-fire	Biannual	Tier-1/2
Cloud control-plane abuse (privilege escalation)	Live-fire	Annual	Tier-1
Executive decision drill (out-of-hours, Sev-1)	Tabletop + comms	Quarterly	Decision-rights surface

Drill evidence pack — every drill produces this single artefact, retained 5y under DORA Art. 11.

Field	Content
Drill scenario + objectives	Pre-drill design document; expected pass criteria
Timestamps	Initiation; key decisions; closure; rollback (if any)
Decision log	Every named decision with signatory, time, evidence basis
Recordings / transcripts	Bridge audio + transcript; Teams/Signal compliance archive (Paper 15)
Deviations from design	Anything that did not run as planned; cause; impact
Pass / fail per criterion	RTO; evidence chain; communication SLA; observer attestation
Findings (open + closed)	Each with severity, owner, due date, closure evidence
Owners (per finding)	Named human; secondary
Closure dates	Target ( $\leq 30$ days); actual; deviation reason if late
Retest evidence	If retest required, drill record showing pass
Independent observer attestation	Pass / fail; signed; retained
Sign-off	Drill commander + observer + Head of Resilience + audit committee notification

Failed-drill remediation workflow — when a drill fails, the institution operates a 30-day closure cadence with explicit escalation triggers.

Day	Activity	Owner
Day 0 (drill end)	Drill record signed; finding register opened	Head of Resilience + observer
Day 1-3	Root-cause analysis; remediation owner named per finding	Detection Eng Lead + Head of Resilience
Day 4-7	Capital scoping if remediation > €100k; programme paper drafted	CISO + CFO
Day 8-14	Remediation execution begins; weekly progress at SOC product owner forum	Per finding owner
Day 15-30	Closure; retest scheduled; audit committee briefing	Head of Resilience
Day 30+	If not closed: escalation to audit committee; capital paper at next board meeting; regulator notification considered if material	CISO + CRO + audit committee chair
Day 60+ (if not closed)	Material control deficiency declared; regulator notification (DORA Art. 17 evaluated); board paper	CRO + GC + management body

### Operational artefact

Catalogue, evidence pack, remediation workflow. Drill discipline is now reproducible across quarters and the institution can attest to drill posture at any audit cycle. Wilson interval (Paper 18 X-octies) measures the posture; these artefacts produce the data the interval measures.

## — SECTION —

## XI. Strategic Outlook

Where the doctrine is positioned against the next decade.

The strategic outlook through 2030 is bounded by three forces. The first is regulatory convergence: DORA, NIS2, the EU AI Act, ISO 42001, and the SEC cyber-disclosure regime are converging on the same evidentiary standard, even where the legal instruments differ. The second is underwriter behaviour: cyber underwriting is re-pricing faster than regulators, and the price signal has begun to reach board agendas through M&A; and capital-markets channels. The third is adversarial compression: AI-augmented attack will continue to compress the loop, requiring AI-augmented defence and the governance framework that makes such defence regulator-acceptable.

Institutions that adopt the doctrine in 2026 will compound through 2030. Institutions that delay adoption to 2028 will not catch up. The pattern is observable in every prior technology transition; the cost of late adoption is structural.

### Five-year hazard map

Year	Dominant hazard	Doctrine response
2026	AI-augmented social engineering reaches scale; identity surface compromised first.	Identity-loop containment; provenance signing; out-of-band override.
2027	Vendor-chain compromise becomes the median initial vector across regulated sectors.	Contract Control Matrix™ extended to material ICT third parties under DORA Art 28.
2028	Underwriter capacity withdraws from operationally weak institutions; cyber re-prices.	Survival Velocity Index™ produced quarterly; underwriter pack issued T-12 weeks.
2029	First wave of personal-liability findings under DORA Article 5 / NIS2 Article 20.	Decision Rights Architecture™ register signed by management body each quarter.
2030	AI-versus-AI engagement is steady-state; defender velocity is the discriminating factor.	AI Accountability Stack™ embedded into every closed-loop action; provable autonomy.

### Sectoral outlook

The hazard map generalises across regulated sectors but binds differently to each. The table below records the binding constraint that will dominate each sector's posture decisions through the next three years. The institution should read its own row first, then the rows of its closest supply-chain neighbours.

Sector class	Binding constraint	First-order posture move
Universal banking and capital markets	DORA Article 17 reporting and Article 28 third-party rigour.	Contract Control Matrix™ extended to material ICT vendors; quarterly drill register.
Insurance and reinsurance	Underwriter capacity and claims-cost re-pricing.	Survival Velocity Index™ produced quarterly; broker pack issued T-12 weeks.
Critical national infrastructure	NIS2 Article 21 and sector-specific operational-resilience codes.	Recoverability Mandate™ embedded; tabletop and live-fire drills alternated.
Industrial / OT operators	Safety-class incident classification and IEC 62443 alignment.	OT-specific decision-rights register; safety-engineering sign-off on closed-loop actions.
Public sector / regulated digital	AI Accountability Stack™ and EU AI Act high-risk classification.	Override audit log and provenance signing on every AI-augmented decision.

Healthcare and life sciences

Patient-safety, GDPR Article 9 special-category data, and supply-chain integrity.

Privacy-resilience convergence; data-lineage register signed by DPO and CISO jointly.

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— SECTION —

## XII. Closing Doctrine

*Where the institutional position is restated for the chair, the regulator, and the auditor.*

**If it cannot be evidenced, it cannot be defended. If it cannot be contained, it was never detected. If the chair cannot decide from the page, the page does not exist. Three axioms; one institution; one decade ahead.**

The doctrine specified in this paper is not a recommendation. It is the institutional position required to operate within the regulatory perimeter that DORA, NIS2, ISO 42001, and the EU AI Act have collectively established. Institutions that adopt the doctrine secure their own defensibility; institutions that delay adoption do so at the personal liability of their management bodies.

The author is available for board engagements, regulator-facing assurance, M&A; diligence assignments, and academic collaboration. Engagements are typically structured as 90-day mandates with a board-deliverable at the close. Contact: [info@kieranupadrasta.com](mailto:info@kieranupadrasta.com) • [www.kie.ie](http://www.kie.ie).

### Three commitments

**The first commitment** is to operate the doctrine, not to translate it. Translation is the characteristic failure of cybersecurity programmes; institutions that translate doctrine into local vocabulary lose its discipline within two quarters. The doctrine is operated as written.

**The second commitment** is to the evidence chain. Every consequential action produces an artefact; every artefact is signed; every signature carries a window. The chain is not a documentation exercise — it is the institution's working memory, and it is the precondition for personal-liability defensibility under DORA Article 5 and NIS2 Article 20.

**The third commitment** is to compounding. Posture is built quarter-by-quarter; it is not bought, it is not declared, and it cannot be reconstructed retrospectively. Institutions that adopt the doctrine in 2026 will compound through 2030; institutions that defer adoption pay the late-mover tax that prior technology transitions have made structural.

## — SECTION —

## Appendix A. Glossary of Doctrine Terms

*For citation in board minutes, regulator submissions, and academic references.*

Term	Definition
Board-Survivable Cyber Architecture™	Five-layer architecture (signal, decision, action, evidence, recovery) governed at board level.
Decision Rights Architecture™	Authority + override + audit, registered for every closed-loop action.
Recoverability Mandate™	Three-clock board-grade discipline: detect, decide, recover.
Survival Velocity Index™	Composite KPI from the three clocks; single number reportable to board, regulator, and auditor.
Three-Clock Defence	Time-to-detect, time-to-decide, time-to-recover engineered as independent, measured intervals.
Evidence Chain Model™	Every consequential action produces a retained, timestamped artifact.
AI Accountability Stack™	Six-layer governance for AI-augmented defence: input, model, decision, action, evidence, override.
Contract Control Matrix™	Third-party ICT risk discipline aligned to DORA Art. 28; obligations and evidence specified per material vendor.
Compounding-Institution Doctrine	Five public characteristics of institutions that compound posture advantage over a decade.
Window of Exposure	The interval between adversary first action and the institution's containment; the integral of loss accrual.
Velocity-Class Adversary	An adversary whose detect-decide-act loop is measured in minutes, not days, requiring a compressed defender loop to engage.
Provable Autonomy	Closed-loop automation accompanied by chain, override, and audit such that every action is defensible to a regulator or court.
Upadrasta Index™	Composite scoring metric used in this series for paper-quality and posture grading.

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## Appendix B. Author and Series Contact

*Institutional engagement details for boards, regulators, and academic collaborators.*

**Kieran Upadrasta** — MBA, BEng, CISSP, CISM, CRISC, CCSP. Twenty-seven years in cybersecurity, including Big-4 consulting at Deloitte, PwC, EY, and KPMG. Twenty-one years in financial services. Author of multiple institutional doctrine series and frameworks invoked across this body of work.

**Academic appointments.** Professor of Practice in Cybersecurity, AI, and Quantum Computing at Schiphol University. Honorary Senior Lecturer at Imperials. UCL Researcher.

**Professional standing.** ISF Lead Auditor. Platinum Member, ISACA London Chapter. Gold Member, (ISC)<sup>2</sup> London Chapter. PRMIA Cyber Security Programme Lead.

**Engagement focus.** DORA compliance, NIS2 implementation, AI Governance under ISO 42001, Board Reporting and audit-committee chairmanship support, M&A; Cyber Due Diligence, and Operational Resilience programmes for regulated entities and critical-infrastructure operators.

### Contact for institutional engagements

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## Appendix C. Methodology Notes & Dataset Provenance

*For peer reviewers, regulator analysts, and academic citation.*

The doctrine dataset referenced throughout this paper is an aggregated, anonymised institutional benchmark assembled by the author's research programme. Contributing institutions span regulated financial services, critical national infrastructure, and Tier-1 industrial operators. Contribution is by signed data-sharing agreement; outputs are released only in aggregate form with sufficient k-anonymity to prevent re-identification of any contributing entity.

Quantitative claims rest on three primary instruments. The detect-to-contain loss curve is calibrated against post-incident reviews, with loss attribution following the asymmetric pre/post containment slope rule. The signal-to-noise decomposition is taken from continuous SOC telemetry sampled across rolling four-week windows. The maturity curve is scored against the five-stage capability rubric (Initial, Defined, Engineered, Adaptive, Autonomous) used consistently across the series.

Where a quantitative claim derives from a public regulatory or supervisory text, the citation is preserved in Appendix D. Where a claim derives from the doctrine dataset, the dataset window and sector class are recorded in the chart caption. Where a claim is the author's institutional judgement, the prose is marked accordingly. The discipline is intended to make the paper citable without ambiguity in academic, regulatory, and underwriter contexts alike.

### Reproducibility note

The doctrine's frameworks (Board-Survivable Cyber Architecture™, Decision Rights Architecture™, Recoverability Mandate™, Evidence Chain Model™, AI Accountability Stack™, Contract Control Matrix™, Upadrasta Index™) are codified in working artefacts retained by the author's programme and available, under engagement terms, for institutional adoption.

### Limitations and scope

The doctrine is institutional, not universal. It applies cleanly to regulated entities, critical national infrastructure operators, and Tier-1 industrial operators with material ICT estates. It applies imperfectly to small and medium enterprises whose loop is not yet measured in the units the doctrine assumes; for those entities, a reduced form is recommended and is the subject of a companion paper. The doctrine does not displace technical standards (ISO 27001, ISO 27035, ISO 22301, ISO 42001); it operationalises them at board level. Where local regulatory regimes differ from the EU and UK instruments cited, the doctrine's discipline transfers but the citation map in Appendix D requires re-mapping by the institution's own counsel.

Independent peer review is welcomed. Reviewers receiving the dataset under non-disclosure may reproduce the chart families presented in this paper from the underlying telemetry windows. The author retains the dataset under signed agreements with the contributing institutions and cannot release it openly; this is a stated limitation of the present series.

## — SECTION —

## Appendix D. Citation Map — Regulatory Anchors

Article-level cross-reference for board minutes and regulator submissions.

The citation map below records the regulatory articles that anchor the doctrine in this paper. It is intended to be lifted directly into board minutes, regulator submissions, audit-committee papers, and academic citation lists, without further preparation.

Instrument	Article(s)	Doctrine relevance
DORA (EU 2022/2554)	Art. 5, 6, 9, 11, 17, 28	Governance, ICT risk-management framework, detection, response and recovery, incident reporting, third-party ICT risk.
NIS2 Directive (EU 2022/2555)	Art. 20, 21, 23	Management-body accountability, risk-management measures, incident reporting and significant-incident thresholds.
ISO/IEC 27001:2022	Annex A.5, A.8	Organisational controls and technological controls — ISMS scaffolding for the doctrine.
ISO/IEC 22301:2019	§8.2–§8.4	Business-continuity, recovery objectives, exercising — Recoverability Mandate™ anchor.
ISO/IEC 27035:2023	§5–§7	Incident management lifecycle — Evidence Chain Model™ alignment.
ISO/IEC 42001:2023	§7–§9	AI management system; aligned to AI Accountability Stack™.
EU AI Act (EU 2024/1689)	Art. 9, 13, 17, 26	Risk management, transparency, quality management, human oversight — applied to defensive AI.
GDPR (EU 2016/679)	Art. 5, 24, 32, 33, 34	Principles, controller responsibility, security of processing, breach notification — Privacy Resilience convergence.
SEC Cyber Disclosure (2023)	Reg S-K Item 106; 8-K Item 1.05	Material-incident disclosure and governance disclosure — board-pack discipline.
UK FCA SYSC	SYSC 4, 13	Senior Management Arrangements, Systems and Controls — operational-resilience anchor.

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## Appendix E. Bibliography & Primary Sources

*For peer reviewers, regulator analysts, and academic citation.*

The bibliography below combines the doctrine series' universal regulatory and foundational core with paper-specific references invoked in this paper's formal model, executable artefact, and worked example. Citations are formatted to permit direct lifting into board minutes, regulator submissions, and academic citation lists.

### Paper-specific references

**[01]** Wilson, E. B. Probable inference, the law of succession, and statistical inference. *Journal of the American Statistical Association*, 22, 1927.

**[02]** Brown, L. D., Cai, T. T. & DasGupta, A. Interval Estimation for a Binomial Proportion. *Statistical Science*, 16, 2001.

### Universal core: regulation, standards, foundational primary sources

**[03]** Regulation (EU) 2022/2554 of the European Parliament and of the Council of 14 December 2022 on digital operational resilience for the financial sector (DORA). OJ L 333, 27.12.2022, p. 1.

**[04]** Directive (EU) 2022/2555 of the European Parliament and of the Council of 14 December 2022 (NIS2 Directive). OJ L 333, 27.12.2022, p. 80.

**[05]** Regulation (EU) 2024/1689 of the European Parliament and of the Council of 13 June 2024 laying down harmonised rules on artificial intelligence (EU AI Act). OJ L, 12.7.2024.

**[06]** Regulation (EU) 2016/679 (General Data Protection Regulation). OJ L 119, 4.5.2016, p. 1.

**[07]** ISO/IEC 27001:2022 — Information security, cybersecurity and privacy protection — Information security management systems — Requirements. International Organization for Standardization, 2022.

**[08]** ISO/IEC 27035-1:2023 — Information technology — Information security incident management — Part 1: Principles and process. ISO, 2023.

**[09]** ISO/IEC 22301:2019 — Security and resilience — Business continuity management systems — Requirements. ISO, 2019.

**[10]** ISO/IEC 42001:2023 — Information technology — Artificial intelligence — Management system. ISO, 2023.

**[11]** NIST SP 800-61 Rev. 2. Computer Security Incident Handling Guide. National Institute of Standards and Technology, 2012.

**[12]** NIST SP 800-53 Rev. 5. Security and Privacy Controls for Information Systems and Organizations. NIST, 2020.

**[13]** Bank of England, PRA & FCA. Building operational resilience: Policy Statement PS6/21. Bank of England, March 2021.

**[14]** U.S. Securities and Exchange Commission. Cybersecurity Risk Management, Strategy, Governance, and Incident Disclosure. Final Rule, Release Nos. 33-11216; 34-97989, 2023.

**[15]** European Banking Authority. Final Report on Guidelines on ICT and security risk management. EBA/GL/2019/04.

[16] ENISA. Threat Landscape 2024. European Union Agency for Cybersecurity, October 2024.

[17] MITRE Corporation. ATT&CK Framework. <https://attack.mitre.org>

[18] IEC 62443-3-3:2013 — Industrial communication networks — Network and system security — Part 3-3: System security requirements and security levels.

#### Citation discipline

Where a claim in the body of this paper is not anchored to one of the references in this bibliography, to a regulatory article in Appendix D, or to the institutional doctrine dataset described in Appendix C, the claim is removed before publication.

## — SECTION —

## Appendix F. Methodology & Dataset Disclosure

Where the institutional doctrine dataset is described, with sample, scope, and limitations.

### Universal methodology

The institutional doctrine dataset combines (i) anonymised post-incident reviews shared with the author under non-disclosure for a panel of 43 institutions across financial services (n=22), critical national infrastructure (n=9), insurance and reinsurance (n=7), and regulated healthcare (n=5), spanning the period Q1 2023 to Q1 2026; (ii) telemetry summary statistics (no raw data) reviewed under engagement contract during the author's Big-4 advisory tenure and subsequent interim CISO mandates; (iii) public-domain regulatory and supervisory documents listed in Appendix E; and (iv) audited regulatory submissions where access was granted by the institution. Anonymisation: institution names, jurisdictions below sector level, vendor names, and identifying incident details are not reproduced. Statistical methods: percentile ranks, Wilson confidence intervals (Paper 18), KL divergence (Paper 04), Erlang-C (Paper 02), Monte Carlo convolution (Paper 15), and mutual information (Paper 10). Known limitations: (a) self-selection bias — institutions that engaged the author are not a random sample; (b) reliance on summary statistics rather than raw data for telemetry-derived claims; (c) sector mix skewed toward European financial services; (d) time window does not include incidents pre-dating DORA and NIS2 implementation. The dataset is not redistributed; reproducibility is bounded by these constraints. Where a claim cannot be sourced to the dataset, regulatory text, or a primary academic source listed in Appendix E, the claim is marked 'illustrative' or removed.

### Paper 18 — local data window

Paper 18 Wilson interval applied to drill pass-rates across 22 institutions (financial services n=14, insurance n=5, CNI n=2, healthcare n=1); time window Q3 2023 to Q1 2026. Median rolling-12-month n = 16 drills; cohort range 8-44. Pass criteria pre-defined per drill; assessor independence required (10 of 22 institutions used external assessor; 12 used internal independent function).

#### Reproducibility note

The dataset is held under non-disclosure with contributing institutions and is not redistributed. Reproducibility is bounded by this constraint: the methodology is disclosed; the institutional identifiers are not. Independent replication requires institutional access the author cannot provide. Where a reader requires verification, the author is available for engaged-context disclosure under appropriate confidentiality.

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